

Building BLOCKS

2018 CLASSES

Women's and Children's Conference Room
201 E. Harris Ave.

F FINDING ALTERNATIVES FOR LABOR PAIN

Learn breathing, relaxation and massage techniques to use throughout labor.

Evening classes | 6:15 pm to 8:45 pm

January 16, October 25

Saturday classes | 9 am to 11:30 am

February 17, March 24, May 12, June 23,
July 21

Saturday, April 28 | 12:30 pm to 3 pm

For more information call 325-481-6332
or visit www.ShannonBabies.com.

To register call 325-481-2359.



SHANNON

325.481.2359

ShannonBabies.com