

Building BLOCKS

2018 CLASSES

Women's and Children's Conference Room • 201 E. Harris Ave.

- A ALL ABOUT CHILDBIRTH**
Please bring pillows for this class. Online classes also available.
2 Night Evening classes: February 6 & 13, April 10 & 17, June 12 & 19, July 10 & 17, September 11 & 18, October 16 & 23, December 11 & 18
6:15 pm - 8:45 pm
All day Saturday classes: January 13, March 3, April 14, May 5, June 9, July 14, August 11, October 20, November 10
9 am - 4 pm
- B BREASTFEEDING BOOT CAMP**
Online classes also available.
Saturday morning classes: March 10, August 18, December 8
9 am - 11:30 am
Wednesday evening classes: January 17, April 18, June 6, October 10
6:15 pm - 8:45 pm
- C CARING FOR YOUR NEWBORN**
Saturday afternoon classes: January 27, March 24, May 12, June 23, September 22, November 17
12:30 pm - 3 pm
Evening classes: February 27, March 6, April 19, May 8, July 12, August 7, October 18, December 13
6:15 pm - 8:45 pm
- D DOTING SIBLINGS**
This class is for big brothers and big sisters ages four and up.
Saturday morning classes: January 27, April 28, July 21, November 17
9 am - 10:30 am
- E ESSENTIALS FOR PREGNANCY**
Saturday afternoon classes: July 21
12:30 pm - 3 pm
Evening classes: January 9, March 27, May 22, September 13, November 13
6:15 pm - 8:45 pm
- F FINDING ALTERNATIVES FOR LABOR PAIN**
Evening classes: January 16, October 25
6:15 pm - 8:45 pm
Saturday classes: February 17, March 24, May 12, June 23, July 21
9 am - 11:30 am
April 28
12:30 pm - 3 pm
- G GENTLE TOUCH INFANT MASSAGE**
Monday afternoon classes: January 8, 15 & 22
February 5, 19 & 26
April 9, 16 & 23
June 11, 18 & 25
August 6, 20 & 27
September 10, 17 & 24
October 15, 22 & 29
12 pm - 1 pm

For more information call 325-481-6332 or visit www.ShannonBabies.com. To register call 325-481-2359.



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325.481.2359

ShannonBabies.com