

Building BLOCKS

2021 CLASSES

Women's and Children's Conference Room • 201 E. Harris Ave.

A ALL ABOUT CHILDBIRTH
Please bring pillows for this class. Online classes also available.
Two-Part Evening classes: January 12 & 19, March 9 & 23, April 13 & 20, May 11 & 18, June 17 & 24, July 13 & 20, August 17 & 24, September 7 & 14, October 14 & 21, November 4 & 18, December 7 & 14
6:15 pm - 8:45 pm

All day Saturday classes:

January 16, February 20, March 27, April 17, May 15, June 26, July 17, August 14, September 11, October 16, November 13

9 am - 4 pm

B BREASTFEEDING BOOT CAMP
Online classes also available.

Saturday morning classes:

April 10, May 8, July 10, September 18, November 20

9 am - 11:30 am

Wednesday evening classes:

January 27, February 24, March 31, June 30, August 25, October 27

6:15 pm - 8:45 pm

C CARING FOR YOUR NEWBORN

Saturday afternoon classes:

January 23, April 24, June 12, August 28, November 6

12:30 pm - 3 pm

Evening classes:

February 11, March 11, April 8, May 6, June 3, July 1, August 5, September 2, October 7

6:15 pm - 8:45 pm

D DOTING SIBLINGS

This class is for big brothers and big sisters ages four and up.

No dates scheduled at this time.

E EVENINGS WITH GRANDPARENTS

This class gives grandparents a refresher and look into how recommendations have changed.

No dates scheduled at this time.

F FINDING ALTERNATIVES FOR LABOR PAIN

Saturday classes:

January 23, April 24, June 12, August 28, November 6

9 am - 11:30 am

G GOING HOME SAFELY

Monday evening classes:

January 4, February 8, March 8, April 5, May 3, June 14, August 2, September 6

6:15 pm - 8:45 pm

H HEALING INFANT MASSAGE

No dates scheduled at this time.

Due to current COVID-19 safety measures, we are not scheduling these classes at this time. We hope to add them later in the year. Please check with our Birth Planner office or our website for more information.

For more information call 325-481-6332 or visit www.ShannonBabies.com. To register call 325-481-2359.



SHANNON

325.481.2359

ShannonBabies.com