

# Building BLOCKS

## 2022 CLASSES

### DOWNTOWN CAMPUS

Women's & Children's Conference Room  
201 E. Harris Ave.

### **G** GOING HOME SAFELY

Educate yourself and learn how to protect your infant in our Safe Baby class for expectant families or parents and caregivers of children under 12 months.

Our Safe Baby class includes:

- Safe Sleep Education - Learn how to create a safe sleep environment for your child.
- Home Safety - Discuss dangers found in homes and learn how to create a safe home environment.
- Child Passenger Safety - Get your car seat checked by a certified technician and learn about the car seat laws and best practices for children of all ages.
- Water Safety - Discuss how to keep your children safe around water.
- Infant CPR/Choking Awareness - Hands-on practice to learn infant CPR and choking techniques.

### DOWNTOWN CAMPUS

#### Evening Classes:

January 10, February 21, March 14, April 11,  
June 13, July 11, September 12, October 10  
**6:15 pm - 8:45 pm**

You may bring your infant carrier and/or base.

**Mask Policy:** All patients and visitors must wear a mask while inside the facility.

For more information call 325-481-6332  
or visit [ShannonBabies.com](http://ShannonBabies.com).

**To register call 325-481-2359.**



SHANNON

325.481.2359

[ShannonBabies.com](http://ShannonBabies.com)